

**Université Sidi Mohammed Ben Abdellah Fès :  
Faculté des lettres et des Sciences Humaines Sais-Fès**

**Via**

**Laboratoire Etudes théologiques, Sciences Cognitives et  
Sociales**

**La Filière d'Assistance Sociale**

**&**

**Le laboratoire de la Neurologie Clinique**

**De La faculté de Médecine**

**And**

**Le Master de neuropsychologie cognitive (Faculté  
Dhar Almahraz Fès)**

**organize**

**In collaboration with**

**Université du Québec à Montréal, Faculté des sciences humaines**

**With the support of**

Association Travail Social et Développement Humain

Association régionale des psychiatres

&

Association marocaine de psychologie.

From 7 to 9 May 2018: the 5<sup>th</sup> International Spring Institute Meeting:

***Caring of People in a Pluralistic Way:  
Towards an Interdisciplinary Management of Persons with  
Mental Disorders***

## CALL FOR PARTICIPATION

The importance of multidisciplinary components in the therapeutic approach of several somatic affections cannot be denied. Similarly, the management of mental disorders requires the intervention of more than one discipline, from not only a psychiatric or psychological point of view, but also taking into account social variables (familial or occupational, among others).

This implies coordination and cooperation between the different disciplines involved in the management of mental illnesses, and, more importantly, it requires that each stakeholder should be very familiar with the objectives and modalities of the work of the other stakeholders. It is therefore barriers and, sometimes, competition among disciplines and, as such, overcoming these divisions is a real, urgent challenge in order to produce an integrated body of knowledge which is therapeutically effective.

Sometimes political and academic issues as well as the need of a balance among the forces representing the different professional bodies hinder the achievement of a multidisciplinary collaboration. For example, it may be easier to focus on the medical aspects of mental disorders rather than on their social or psychological aspects. For some pharmacological approaches, indeed, medication seems to be the only solution. Others, on the contrary, favor the psychological dimension only to the detriment of the social or biological dimensions of mental illness. This is contrary to international consensus on the need for a real comprehensive understanding and consideration of the determinants of mental health. In reality, no single approach can be self-sufficient and the bio-psycho-social nature of mental illness imposes an integrative approach that takes into full account all these three dimensions, in both theory and practice.

It, therefore, seems important to establish a common contract of collaborative work for the benefit of the patient, integrating the psychiatric, psychological or social dimensions. But what does mean to be collaborative, what are the stakes of this collaborative work aimed at truly helping the others, from the professional point of view as well as from the academic point of view?

The symposium is an opportunity to respond to these questions by encouraging exchanges between national and foreign researchers and practitioners.

This symposium is, indeed, intended to integrate all aspects of mental illness. It will bring together the various stakeholders: psychologists, psychiatrists, neurologists, sociologists, social workers and general practitioners. This dialogue will take place in plenary session with the aim of finding a common and effective platform for the care and rehabilitation of the mentally ill patient.

Moreover, should we not seek another definition of psychotherapy, which involves the patient himself in his own therapy and takes into account his experience and his point of view of his illness? In other words, psychologically speaking, should not therapeutic work be aimed at

making the patient reflect on his mental and emotional states and learn to cope with his suffering?

In fact, should we not postulate that a certain autonomy of the patient during his therapeutic course has a significant effect and impact on his recovery?

Axes of the Spring Institute:

1. Limits of unilateral/mono-cultural approaches in psychotherapy when compared with the so-called pluralistic approaches
- 2- The patient's work on himself as a means or as a therapeutic end? A feasible goal and with which therapy?
- 3- Online support and new information and communication technologies and devices as a platform for psychotherapeutic support (i.e.: virtual reality therapy, cyber-therapy): overview and evaluation.
- 4- The pluralistic psycho-pedagogical approach for children with learning disabilities and the individual project question.

**Types of contributions:**

Two types of papers can be presented to the Scientific Committee:

- Conference sessions are for scientific papers lasting 30 minutes, a standard-size paper, Times New Roman font, size 14, Editorial Style APA (American Psychological Association: [www.apastyle.org](http://www.apastyle.org)) with summary in English and another in French each should be between 150 and 200 words. The maximum number of characters for the entire text should not exceed 35,000 characters (References and footnotes pages are included).
- The posters are of a shorter format and more open to developing scientific contributions (research topic, preliminary results, arguments, etc..) Case studies, presentations of experiences, personal reflections or positions, institutional presentations. Posters are therefore open to a wider audience: PhD students, Master or Bachelor students, practitioners, activists, etc.. and must be presented in a format not exceeding 100 cm by 200 cm.  
- NB Please be aware that the principle for attaching posters is the following: you should come with the poster- professional quality printing to the International Spring Institute, slide the two ends of the poster in the plastic strip. On the upper stick, you should attach a string to suspend all. (String not included)

## **ABSTRACT SUBMISSION**

Participants wishing to present a paper must first provide a summary of their paper of two pages containing the problematic, keywords, methodology or approach, the main results and a bibliography.

Participants wishing to present a poster (research topic, preliminary results, starting arguments, case studies, presentations of experiences, personal reflections, institutional presentations) must provide a one-page summary

## Modes of dispatching your proposal

Individuals wishing to participate should send their abstracts before 3 Mars 2018. Their proposals should include:

- Title
- Author
- Author address (including Phone, Fax and e-mail)
- A brief biography of the author

These abstracts that will be evaluated by the Scientific Committee members should be sent to the following address : Khabbache Hicham [hichamcogn@gmail.com](mailto:hichamcogn@gmail.com)

Nicola Bragazzi [robertobragazzi@gmail.com](mailto:robertobragazzi@gmail.com)

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Notice of decision of the scientific assessment will be given maximum one week after reception of the manuscript

Selected papers will be published in the acts of Spring Institute, in the form of a digital CD and in the form of a hand book as a collective work, the publisher of which is the International Institute of Sociology, Anthropology and Human Development.

### EVALUATION CRITERIA FOR ORAL PRESENTATIONS

- Relevance (related to the theme of the conference)
- Conceptual Framework and problem setting (theoretical framework, research questions, objectives, key references)
- Steps (collection, corpus, instruments, analysis)
- Contribution (results, findings, outlook)
- The proposal should contribute to broadening knowledge on one of the themes of the spring Institute 2018 in connection with notions of *Interdisciplinary Management of Persons with Mental Disorders*
  - The proposal should tackle a subject that will interest a large number of participants
  - The research question or problem should be clearly identified and supported by an updated knowledge in the field
  - The method should be rigorous and appropriate to the research. The various elements that compose it (sample, instruments of data collection, analysis, etc...)
  - The results should be presented and related to one of the Summer Institute's themes.

Other modalities of intervention are possible.

To link theory with practice in a dynamic and interactive way, other forms of contributions are possible during this summer institute:

**Conceptualization session:** where the speaker is invited to explain concepts s/he has developed themselves during his practice or research in the psychoclinical field.

**Presentation of a book session:** the author will present their book which is close in its thematic to that of the summer institute.

**Workshops session:** where techniques and skills are introduced to facilitate animating a group, resolving conflicts, managing relationships...along with tips and computing programs that can be useful in terms of the scope of spring institute.

**Video session:** the possibility of submitting a DVD of 15 minutes illustrating some experiences lived by individuals in relation to the thematic of the institute.

**Symposium session:** individuals are invited to talk about their experiences in psycho-therapy intervention and accompaniment (brainstorming). The emphasis is on exchanging ideas, reflections and experiences, speaking without constraints on personal experiences related to the thematic of the institute.

**Art Exhibition Session:** assistants and social actors are invited to present the products of their Associations that are made by vulnerable and patient populations in which they intervene.

Individuals wishing to participate in the Summer Institute, via one of these modalities of Presentation, are invited to send copies of their materials plus a descriptive to the email address:

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